

SUMMER NEWSLETTER

Hello from
Camp PAL!

Greetings, campers and families!!

CLICK HERE 



THE NEWS

- Camp PAL
- Summer Session Highlights
- Therapist Talk: Meet Kelly!
- Parent Tips & Tricks
- What's New Around the Office
- Fun Corner
- Fall Sneak Peak
- Local Activities

WHAT'S COMING UP?

Hello, Summer! We're soaking up the sunshine here at Creative Speech Solutions, and looking forward to a season full of growth, giggles, and goal-crushing! Whether you're joining us for summer sessions or just dropping by for some seasonal tips, we're here to support your child's journey every step of the way. Let's make this summer both fun and functional!



Contact us:

908-598-0228 or admin@creativespeechsolutions.com



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SMALL STEPS,
BIG WORDS

EVERY WORD
COUNTS

TALK,
LISTEN,
CONNECT

June is Effective
Communication Month!

Communication is the
foundation for learning,
friendships, and
confidence. At every age,
every word matters!
Effective communication
is so important because it
builds trust, resolves
conflict, and helps us
connect with each other
more deeply.

WATCH, WAIT,
RESPOND



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JUNE

HAPPY PRIDE MONTH

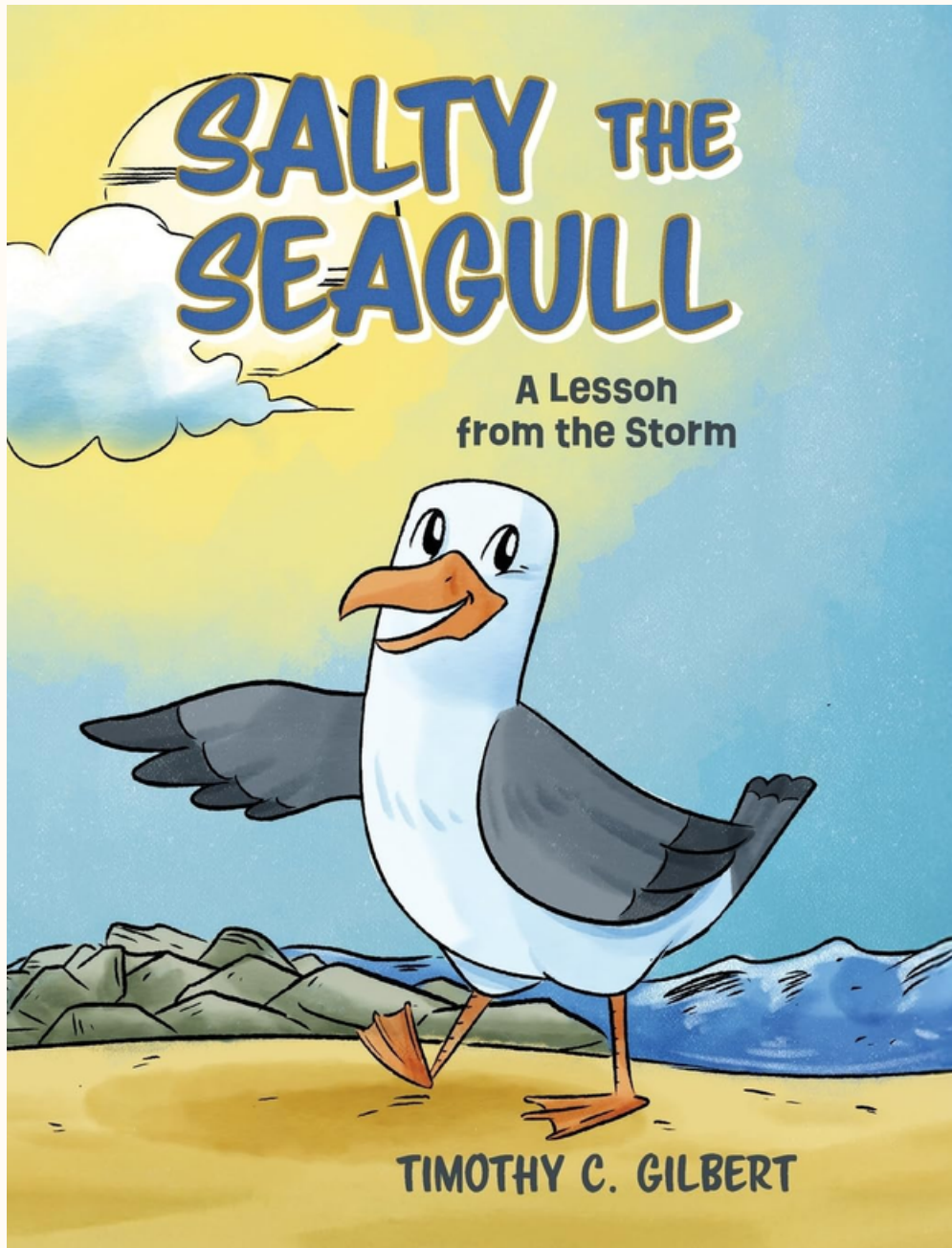
 Happy Pride Month from all of us at Creative Speech Solutions, LLC! We celebrate love, acceptance, and the beautiful diversity of every child and family we serve. Everyone deserves to feel seen, supported, and safe – this month and every month. 





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JUNE BOOK OF THE MONTH



**NOW AVAILABLE
ON AMAZON!**



Summer-Friendly Speech & OT Activities for Home

Summer's the perfect time to sneak in some skill-building between the sunscreen and s'mores. Here are some fun and easy ways to support your child's therapy goals at home—with zero worksheets required!

Scavenger Hunts for Language & Sensory Play

Create themed hunts (e.g., "Things that are soft" or "Things that start with B"). Great for:

Expanding vocabulary

Following directions

Descriptive language ("Find something green that smells good!")

Sensory exploration (touch, smell, movement)



Laundry Basket Games

Pull or push a laundry basket full of stuffed animals across the floor for:
Heavy work input (great for regulation)

Gross motor coordination

Opportunities to label and talk about each toy or item

Sidewalk Chalk Fun (Speech + OT Combo)

Let your child draw shapes, letters, or hopscotch boards outside. Use chalk for:
Fine motor skills (grip strength, precision)

Letter formation (write sight words or speech targets)

Speech practice (say a word every time you jump or trace a letter!)



Summer-Friendly Speech & OT Activities for Home



Summer Snack Prep

Making snacks together = a therapy goldmine. Try:

Naming ingredients

Describing textures and tastes

Practicing sequencing ("First we wash, then we cut...")

Building independence and fine motor skills (peeling, pouring, cutting with supervision)



Water Play with Purpose

Use buckets, sponges, or squirt toys outside to:

Strengthen hand muscles

Introduce language concepts like "empty/full,"
"squeeze/splash"

Encourage turn-taking and requesting ("My turn!" "More water please!")



- [SUMMER SPEECH THERAPY IDEAS](#)
- [5 SUMMER SENSORY-FRIENDLY CRAFTS](#)
- [FREE PRINTABLE SUMMER COLORING PAGES](#)
- [SENSORY CRAFT IDEAS](#)
- [SUMMER SENSORY ACTIVITIES FOR KIDS](#)

SUMMER SPOTLIGHT ACTIVITY

"I Spy" With a Speech & OT Twist

I Spy

Looking for an easy, screen-free way to keep little minds and bodies active this summer? Try a class game of "I Spy," but with a therapeutic twist. Whether you're on a road trip, at the park, or just hanging out at home, this game is a fun way to build speech-language and occupational therapy skills without even realizing it!

Try:

- I spy something round, juicy and red.
- I spy something you wear on your feet at the beach.
- I spy something that starts with the /s/ sound.

What It Supports: S/L

Vocabulary, sentence formation, articulation, question asking/answering, social interaction.

What It Supports: OT

Visual scanning, attention, memory, and even fine motor coordination when using tactile or picture-based versions.

Encouragement

Encourage your child to take turns being the "spy" to build confidence and expressive language skills!





30-DAY SUMMER

SPEECH & OT CHALLENGE

Week 1

1. Describe a popsicle using 3 words
2. Use 4 water toys in a silly sentence
3. Find something soft, rough, and wet
4. Listen to a song & name 2 instruments
5. Cut out shapes & label them
6. Name 5 summer items, then recall
7. Make an obstacle course & describe it

Week 2

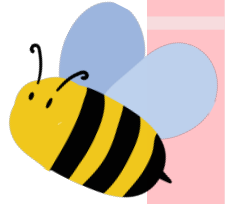
1. Act out 3 summer animals
2. Keep a balloon up using only elbows
3. Request your snack in a full sentence
4. Tell a story using 4 summer words
5. Give steps to make (or pretend to make) lemonade
6. Describe a summer photo
7. Toss socks into labeled baskets (colors, foods)

Week 3

1. Blow bubbles & count them
2. Try 3 animal yoga poses
3. Pack a pretend suitcase & explain items
4. Play Simon Says with action words
5. Color-by-category (animals, food)
6. Make a snack together, talk through steps
7. Play "Would You Rather" (ice cream or popsicle?)

Week 4

1. Put on a puppet or finger play show
2. Build with recyclables & describe it
3. Paint using sponges or Q-tips
4. Sort coins or cereal by size/color
5. Draw your dream summer day & explain it
6. Guess a hidden object using only touch
7. Make an instrument & create a rhythm



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Planning a Summer Trip?

Visual Schedules for the Win!

Create a simple picture-based schedule of the day's events (drive, snack, beach, dinner) to reduce anxiety and support transitions. Even a drawn list can help!

Pack the Sensory Essentials

Bring familiar sensory tools:
Noise-canceling headphones
Chewy necklaces or fidgets
Weighted lap pad or small blanket
Favorite calming toy or book

Build in Break Time

Trips can be overwhelming. Schedule in sensory breaks—quiet walks, downtime in a shaded area, or even a moment in the car to decompress.

Make a "Travel Kit"

Fill a small bag with preferred items your child can access easily:

Mini whiteboard or notebook for communication

Picture cards for needs (bathroom, food, stop)

Preferred snacks and familiar objects for comfort

Prep for Communication Support

If your child uses an AAC device or communication cards, make sure it's charged, accessible, and pre-loaded with vacation-related words ("hotel," "pool," "I'm tired," "stop"). Practice using them before the trip!





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Therapist Talk: Meet Kelly



What do you love most about being a speech therapist?

I love making a positive impact on children's lives and helping them achieve their goals!

What inspired you to become an SLP?

I have always been passionate about helping children learn and grow.

Could you share one helpful speech or language tip for parents?

Narrate/model language throughout everyday routines to help children learn new vocabulary!

What's your favorite part about working at CSS?

My favorite part about working at CSS is collaborating with the other amazing speech therapists and occupational therapists and working with families to best support their children!



If you could have any superpower during therapy sessions, what would it be?

Snap my fingers and be able to clean up all the toys in the room!

What's a fun fact about you that most people don't know?

I can raise one eyebrow at a time!

If you could instantly become an expert in anything (outside of speech therapy), what would it be?

It would be amazing to be trilingual!

What's your favorite way to unwind after a long day?

Watch TV or read a book!

If you could work with any fictional character in a therapy session, who would it be and why?

Olaf because he has a positive attitude and would make all the children feel encouraged!



SUMMER READING CORNER

Summer is the perfect time to dive into stories that spark imagination and support speech, language, and motor development! Here are some summer reading books perfect for summer-themed therapy, home routines, or storytime snuggles.

* **FROGGY GOES TO THE BEACH**

Rich in repetitive language, sequencing, and familiar routines that support narrative development and expressive language. By Jonathan London

FROM HEAD TO TOE

Short, expressive sentences with engaging illustrations make it great for younger kids and those working on early sentence structure or articulation. By Greg Pizzoli

THE WATERMELON SEED

Encourages imitation of body movements, supports gross motor skills, and enhances body awareness - ideal for sensory motor play. By Eric Carle

* **CLIFFORD'S SPRING CLEANUP**

Though not strictly summer, the cleaning theme is great for visual sequencing, functional life skills, and sensory exploration. By Normal Bridwell



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Show Us Your



Feel free to send in photos of your kiddos doing a speech/OT-friendly activity, which we can highlight (*with your permission, of course*) in our next newsletter or on social media!



Email us!

admin@creativespeechsolutions.com

CSS SUMMER SPOTLIGHTS

CELEBRATING OUR STAFF MEMBERS!

We want to take a moment to wish our staff members a happy birthday and thank them for the incredible work they contribute to CSS - shoutout to you all!

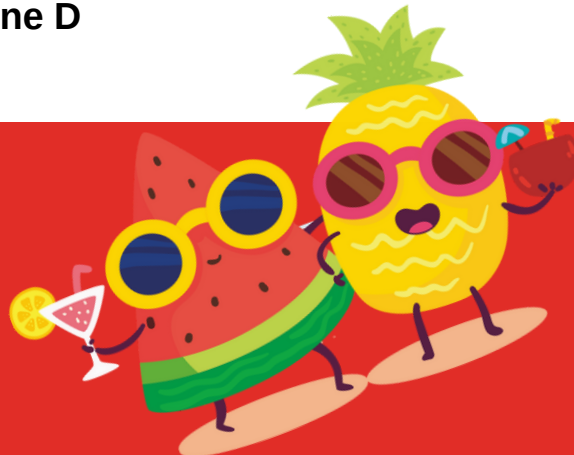


BIRTHDAYS

- June: Julia ZP, Marissa R, Kelly G, Michele G, Pamela B, Kelly Z, Rebekah S
- July: Angie S, Rosemary J, Jacqueline D, Samantha F, Kelly F, Molly S, Jennifer A, Cynthia M
- August: Skylar C, Elena C, Georgianna S, Devin L, Tovah S, Joanne D

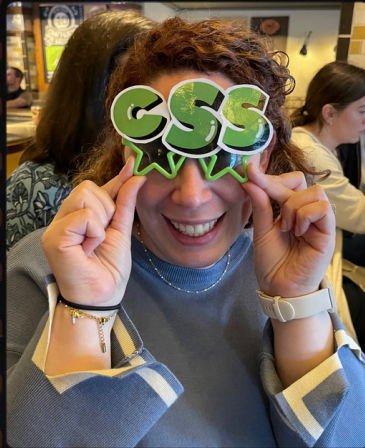
WORK ANNIVERSARIES

- June: Lauren L, Elena C, Irene K, Anna P
- July: Ava A, Samantha O, Skylar C
- August: Kelly F, Mackenzie M, Ashton A, Olivia N, Jacqueline D, Kelly Z, Georgianna S, Samantha F, Amy D



Fun Corner

CSS HAPPY HOUR





Fall Sneak Peak at CSS

Re-Evaluations

Make sure to book your re-evaluations in the Summer in preparation for the new school year/fall session.



Fall Session Dates

Summer session ends on Friday, August 29th

Fall session starts on Tuesday, September 2nd. We are closed on Monday, September 1st



Fall Scheduling

We will be sending out Fall Scheduling Request Forms shortly. Please keep in mind that there is an after-school and Saturday waitlist.



Important Dates

CSS is closed during the following upcoming holidays:

Labor Day
Thanksgiving Day
Christmas Day
New Year's Day

Teen Nights

Keep an eye out for monthly Teen Nights, starting back up in September!



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The entire page is framed by various autumn-themed illustrations. At the top left is a large orange maple leaf. Next to it is a small acorn. To the right is a red leaf. Further right is a small yellow flower. At the top right is a green fern. On the right side, there is a red leaf, a brown branch, and an acorn. On the left side, there is a brown oak leaf, a brown branch, and a green fern. At the bottom left is a red leaf, a small yellow flower, and an orange maple leaf. At the bottom center is a small acorn. At the bottom right is a green fern and a small orange flower.

Coming soon...

JUNE 9TH,
2025

Ready for Fall?

FALL SCHEDULING FORMS
WILL BE SENT OUT ON
MONDAY, JUNE 9TH, 2025.

MORE DETAILS TO COME -
STAY TUNED!



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LOCAL ACTIVITIES



SENSORY FRIENDLY THEATRE AT UNION COUNTY PERFORMING ARTS CENTER (UCPAC) RAHWAY, NJ

 [Upcoming shows](#)

THINGS TO DO FOR CHILDREN WITH SPECIAL NEEDS

 [More Info](#)



KIDS EVENTS IN SUMMIT, NJ

 [More Info](#)

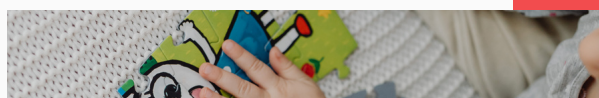
 NATURE & OUTDOOR CAMPS
TRAILSIDE NATURE & SCIENCE CENTER
(MOUNTAINSIDE)

 [More Info](#)



FAMILY FUN CALENDAR OF EVENTS IN NJ

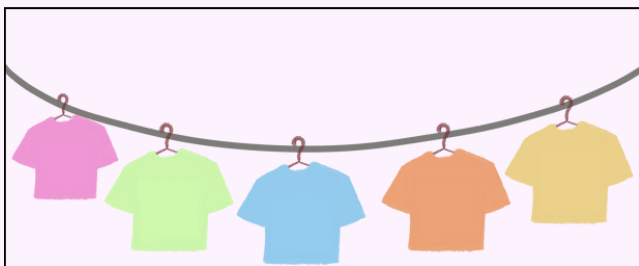
 [More Info](#)



CREATIVE SPEECH SOLUTIONS, LLC

SUMMER DONATION DRIVE

All items collected will be donated to **Helene's Thrifts & Gifts**, which create job training and employment opportunities for ECLC of New Jersey's adult clients with special needs. Thank you in advance!



WHAT WE'RE COLLECTING

- Gently-used clothing
- Shoes, jewelry, accessories
- Home and holiday decor
- Kitchenware
- Craft supplies

Drop off during normal business hours at the Summit Medical Arts Building

Last day of collection is 7/31!

Contact Us:

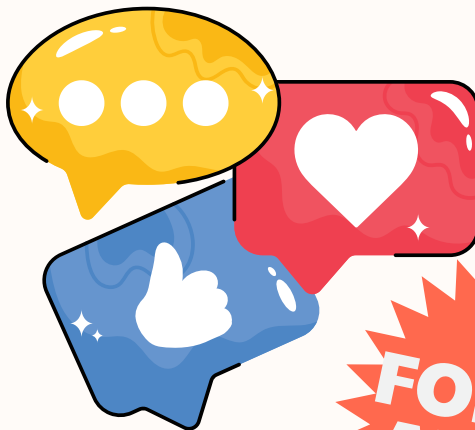
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🌐 creativespeechsolutions.com



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SOCIAL MEDIA



FOLLOW
ALONG!

Stay up-to-date on our policies, special events, office closures, giveaways, and important dates by following us on our Social Media! We're also now on TikTok!

FOLLOW OUR SOCIAL MEDIA



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